

Lesson 8

More on Connecting with Your Spiritual Guides

“Imagination is more important than knowledge. . .” Albert Einstein

Greetings Dear Friends:

The last time we met you made wonderful initial progress connecting with your guides from the Light. This lesson will expand on your original connection. Each of you possesses within you a link to the Light. It was your birth right when you choose to enter this cycle of reincarnation on the planet. The link is the “God Force” within you. Some choose to call it your “Higher Self,” but others simply see it as your internal wisdom. What you choose to call this part of you is not important; what is important is that you begin to sense and feel this connection to the consciousness of Divine Light.

It is a common human experience when initially learning to connect with your Guide to feel as though you are making up the whole experience, or that your experience is simply your imagination. At our last meeting, I asked you to simply go with what you were experiencing and try not to examine it too much. When you try to force explanations or proof of your experience with your Guide you immediately set yourself up for disappointment, and reinforce your skepticism. Now having said that, please understand dear ones that we in the Light honor your distrust and need for empirical proof of your experiences. The foundation of your reality is built on a system of three dimensional, concrete measures that can only be validated through your five senses. Any phenomena experienced outside of those measurable boundaries are usually met with skepticism.

We in the Light invite you to imaginatively explore a bit without first assuming that your experience is faulty. George Bernard Shaw said it well, “Imagination is the beginning of creation. You imagine what you desire, you will what you imagine, and at last you create what you will.” He was right, and expanding on this we would tell you that imagination attracts creativity, which attracts Light/Energy which in turn transports you into a “Timeless” reality of absolute Love. Within this reality miracles happen, prayers are heard and healing occurs. Precious ones within this dimension you create your own reality. When you connect with this reality you join with the Divine consciousness where your Guides, Angels and Teachers live.

Actually your often maligned imagination is an excellent tool to measure, or validate your connection with your Guide. Your imagination measures a reality beyond your three dimensional one. Last time when you connected with your Guide you may recall that as you began to relax and feel connected to “something” your imagination began to ignite. Initially it felt a bit strange and you questioned what you were experiencing, but along with the doubt came a loving Light feeling. This feeling was unconditional love coming from your Guide to you. As you allowed yourself to simply “go with it”, your experience grew in dimension. The more attention and intention you gave the experience the stronger and more apparent your Guide became.

As your experience began to blossom some of you embraced it more fully with faith and playfulness, while others recoiled a bit to protect themselves, or simply rejected the experience believing it was made up. Whatever your experience, it was alright; there was no right or wrong – only opportunities for spiritual growth. If you felt a sense of curiosity and want to try again or if you have tried to connect with your guide more on your own...we in the Light want you to know we love and support you.

Your Guide will not directly tell you the answers to your problems, but will gently make suggestions, and ask you probing questions that will always lead you in the direction of spiritual growth. Your Guide knows you well and loves you unconditionally. Proof of this is measured using your internal power, which tells you this experience is

authentic, wise and loving. You experience this through your intuition, which speaks to you through your “gut feelings” and your sense of well-being and happiness. So dear ones your tools to measure the accuracy of your experiences and messages from your Guides are not three dimensional because the consciousness of Light is multidimensional. Each of you that read these words and connect with your Light Guides are choosing to enter into a multidimensional reality because you believe that a three dimensional reality can no longer serve you accurately. A multidimensional reality fosters unconditional love for all, peace, non-violence, abundance and boundless joy. Your three dimensional reality, while it once promoted your survival as human beings, no longer serves you or the planet well. All the violence and lack of equal opportunity for all beings on this planet are now becoming more and more apparent, even to those who have chosen to turn a blind eye to the suffering around them. Dear precious beings of Earth, now is the time to begin to bring about change to the planet. The healing must begin with you. You must heal yourself first by bringing Light in and bathing those parts within that need love.

When you are growing spiritually all parts of your life should reflect peace, happiness, love and abundance. This kind of growth can happen for you now by simply creating a strong intention and sincere desire for it to occur. Each day lovingly give your gratitude to Mother/Father God for all your gifts and blessings, and then ask for what you need... a better job, relationship, improved health, etc. Speak to you Guide and ask for road signs on your path to become apparent to you for help and directions. These road signs on your path may seem like mere coincidence, but dear ones there are no coincidences in life, only opportunities for spiritual growth. Imagine that you are a strong magnet pulling in your needed gifts. When you begin to accept the road signs as real markers for guidance and growth you will notice a shift in your life. You will enter a far broader reality than your three dimensional one. This reality has boundless energy to make manifest your needs in your three dimensional reality. You can live in both worlds while healing the planet and helping it ascend into a higher vibration (more Light).

As you notice your road signs, project your full attention and intension out to greet these signs. This is the point where your guides can serve you well. Ask your Guides for their assistance or clarification as you draw your awareness to the road signs. Perhaps an example of a real life situation will help clarify this. Let’s examine a case of a young woman who is seeking change in her current job situation. She loves animals and knows of an opening as a veterinarian’s assistant close to her home, but the pay is lower than her current job and she is not sure can make her budget work with less money, despite the fact she is miserable in her current job.

None the less, she projects her strong intention with the belief that the Universe will provide a way. Each day she receives messages of encouragement from her Guide endorsing her belief that working with animals is her gift and to keep moving forward with her intention. Along the way she notices billboards of animals, people tell her she is a natural with animals and a little lost kitten finds his way to her door. Despite her fear and doubt about her finances, she continues to move forward spiritually believing the road signs are guiding her. She notices her dreams are filled with magnificent animals speaking to her, while she seems less preoccupied with her fear related to money.

One day she meets another woman with similar dreams and intentions to leave her unhappy job situation to become a massage therapist. This woman also believes she can create her own reality. They both join forces to support each other, and they find a beautiful and affordable apartment. They share expenses and allow their energy to do the work they love and they are able to live comfortably without fear.

Does this sound like a “happily ever after” fairy tale. Hardly! Fairy tales are far too polarizing with the use of good vs. evil themes and ferocious dragons to battle (that is the use of external powers). These two young women made enormous spiritual growth and found their gifts and talents both using their authentic inner powers.

Each of you has experienced similar stories, with your own road signs in your lives. Perhaps you did not know that you and the Light were creating these realities for yourselves. With awareness, sincere intension and collaborative efforts from your guidance your visions with become even greater. In addition to your road signs, you will begin to notice a shift in your metaphysical abilities. This is because you will be traveling in a multidimensional reality and well as your three dimensional reality. Within the multidimensional reality you will experience phenomena through your senses that are not confined to the more dense concrete dimensions you are familiar with. You will

find that your knowledge or ESP will increase, and that through your use of gratitude and strong intentions your fear and disbelief begin decreasing. When you speak to your Guide you will receive validation of these experiences which continue to guide you on your journey of spiritual awareness and growth. It is important to surround yourself with like-minded friends and participate in groups such as these. Doing this reinforces your growth and helps quell your fears.

Although spiritual growth is a lifetime continuum, it need not take a lifetime to experience happiness, abundance and healing. Your Mother/Father God only wants happiness and love for every precious one of you. If you cannot feel Love and serenity in most parts of your life, now dear ones is the time to begin. Now is a perfect time with the incredible gift of Light that is coming to your precious planet. The Light is your legacy from your Creator. When you project your strong and sincere intention to the Light, it will return to you in kind. This Light fortifies you and can help you project Light on to others who are on your spiritual path.

Take a moment, close your eyes and breathe inward the Light and blessed grace of the Creator. Allow that Light to connect to the God aspect within you. As you feel a shift, even if it takes a moment to notice, tell the Universe your intention. Then with love and gratitude watch for your road signs with joy and excitement.

We in the Light send you our richest blessings in each miraculous moment of your life.

May the good grace of God bless and nurture every cell of your being-

Susan and many, many others in the Light