

Lesson 3

The Testament of Light

Greetings Dear Ones:

We in the Light wish to send each of you blessings filled with an enormous surge of Light during this time of the holy celebrations of all the world's religions and faiths. You may have already felt your hearts soaring a bit as we entered the month of December. During this time of sacred recognition within all the faiths we in the Light are pouring tremendous amounts of Light into your precious living Earth. This is occurring because we hear your prayers, both for peace on Earth, and peace within all your hearts.

It is a time of great energy flowing in and out of all the aspects of creation on your planet. It is a time of creation, forgiveness and miracles. It is also a time when energy can be blocked by pain, hatred, fear and lack of authentic power. We invite each of you precious souls to use your gifts to help move the Light or energy so it may flow freely. Imagine for a moment if you will, the metaphor of a flowing river as you send out your Light through prayers or intentions. Imagine the powerful and beautiful flow of a mighty river as it meanders through its natural course, bringing life to each part of its journey. Then visualize that river reaching an impasse, such as a dam created by humans. Allow the Light to penetrate through the dam, thus permitting the water to continue its flow. Please do not blast the dam to bits, simply allow the sub-atomic particles of the concrete to become porous, much like your concept of osmosis. Then see the natural flow of this mighty river once again restored.

As you participate in this exercise a little each day during this holiday season, you will notice a mental shift; initially it will feel very subtle. So much so that you will assume it is just a pleasant visualization to de-stress you. As you continue, and we do encourage you to continue, you will feel strengthened in many aspects of your daily life. Others may notice a change in your demeanor, they may comment on how happy, peaceful or radiant you look. You may find you are receiving many more compliments, perhaps others are asking you for advice, or you may notice a change within a relationship that has felt stuck for a long time.

Precious children each of you are now co-creating the New Testament of Light. As you read this you may hear a gentle and loving voice within affirming what you are reading. This dear friends is your Higher Self, your connection to the Divine inviting you to join us in the transition. Now is your time as the Earth ascends to accept your rightful heritage from Mother/Father God to be co-creators of a Planet of Love and Peace. You may notice that part of you feels a thrilling lightness hearing this message, while another part of you feels fears, heaviness and doubt. This is simply part of your evolution, and growth can be uncomfortable. Please know that we hear your fears and wish to surround you with love and compassion. Please ask for this comfort and it will be given.

Each of you are much like fledgling baby birds; proudly flapping your newly grown wings, filled with wonder and delight at the prospect of leaving the nest in flight. Like those precious baby birds, each of you dreamed of this day. Your ability to fly is embroidered within your very DNA; it was the gift given to each of you by the Light. By claiming your innate gift of flight you will also be accepting a shift in vibrations within that can heal wounded pieces of you, create miracles and bring peace to a planet whose time has come.

This dear friends is the Testament of Light that each of you will co-author. As you all practice your gifts, and flap your wings like the baby birds, you will learn and teach others through your Divine gifts. Each of you

will be co-creators of your own entries within the Testament of Light. Is it so impossible to believe that within the Testament of Light there would be a Book of Bob or Stacy?? Yes, we in the Light hear you all chuckle a bit. Well, good for you!! Laughter truly is good for the soul. This notion is no more sacrilegious than it was when the teachings and education of Luke, Mathew or John were passed on historically to read. What better time to believe that each of you can create miracles and be co-creators in the ascension your planet than during this month.

Beloved friends, hear these words and bring them into your heart if they resonate with you. Each of you is born of God. God has many names, such as, The One, The Light, The Father, The Universe, Allah, Jehovah, The Buddha - choose one that fits deep within the pockets of your heart and claim it as your own. God does not need to be named, only known and felt.

God is the source of all that is; constantly churning, moving and creating Light. Each of you in turn, is the same because of the "God Chunk" born within you from this Divine soup long before your understanding of history. This "God Chunk" can grow bigger or smaller, it can manifest your thoughts in physical form, it is energy when seen through physics and unconditional love and compassion when seen through spiritual references. Your own Light, created by you from your ever moving and changing "God Chunk" moves through you and others that choose to accept it, and ultimately returns to God. The whole process is far more complex than your language allows, however, if you would kindly permit us another metaphor, we ask you to think of The Water Cycle on your planet.

Of all of the available water on earth, 97% is contained in the world's oceans. Through the process of evaporation, the water vapor moves through the atmosphere and becomes an integral part of "weather". Depending on the suitability of the atmospheric conditions, the water vapors condense, forming droplets becoming precipitation. The precipitation either returns directly to the oceans, or when falling on land becomes part of the overland flow (streams, rivers, lakes) or infiltrates to become groundwater. Gravity being a great equalizer, eventually pulls all the parts of the precipitation back to the oceans. The water cycle is much like God, as it really has no beginning and no end.

These cycles in nature, such as the water cycle, and your seasons are replicas of the workings of the God Source. Contemplate the cycles within your own bodies. It is merely energy or Light moving and constantly creating. It is love and it is science. It has substance, form, tone, color and scent. It is the gift of the Universe for each of you. What greater gift could you receive than to be a co-creator of the Light.

We leave you now, but never in spirit and guidance. May the blessings of the Light bring each of you courage when you need it most, love and compassion to all the places in your heart that need healing and wisdom to accept your magnificent beauty.

May the Universal Light of God's Good Grace Bless You with Abundant Love,

Susan and Many Others in The Light

Of Note: We in the Light wish thank Andrew Austin, our friend and hydrogeologist, for his simple yet concise explanation of dear Mother Earth's water cycle.