

Lesson 12
A New Year, a New Earth and a New You

Greetings dear friends,

It is with love and devotion that we speak to each of you who read this lesson today. Thank you for your exquisite gifts of love and kindness that you have shown each other, while joining forces to do your sacred part in healing the Earth. Most importantly though, thank you for beginning to look inward to heal yourselves this past year.

We in the Light ask you to consider taking more of a risk to explore yourselves and find your talents and gifts in this new year of 2007. We ask that you dig a little deeper into your being and see yourself with bigger eyes. Your ego, or “personality self” tends to down-play your gifts. The ego would have you believe that surrendering to your God Force within for guidance and growth is somehow weak (i.e., “I can do this on my own”). *Friends, strength comes from within and joining with your “God Force”, not struggling against it and living with fear.*

Your beautiful Mother Earth has been transcending toward the 5th world – as told by the Hopi indigenous people, the 5th world is synonymous with the concept of a parallel universe, which is filled with harmony and unity that will follow your current time of imbalance. As the transcession occurs you will notice more miracles around you and in your life. You will begin noticing healing acts all around you, but especially within your own life. The transcession is a state of consciousness. To be part of this consciousness is to be free of the fear and struggles of the past. *You essentially will be becoming your higher self; much more connected with your soul - your “God Force” within.* Your ego is a construct that lives outside of you and is fully influenced by the drama or illusion outside of you. It is not a bad thing; it is simply a consciousness of fear. Do not punish your ego -welcome it into this higher, deeper consciousness, much as you would invite a fearful shy child to join other children in a playful social interaction.

“H-m-m-m, but maybe my ego is right”. You might say, “The world looks in pretty sad shape to me - wars, violence poverty all around, I can’t change it” Dear ones please take a moment and go within, quiet yourself and ask your Guidance, or Higher Self how things really look. Then ask how your talents/gifts are playing an integral part in positive changes. Certainly there is a reality of pain and suffering at a lower vibrational level. There is despair, hopelessness, pain and inequality, and there is a role for you to play in changing it., all while rising above it. Trust that you will receive answers, if not at that very moment then soon, but ask each day and trust your feelings and what you hear.

What you view on the “outside,” or your Earthly drama as we will call it is more like a stage filled with actors, scripts, or lessons that are played out by you and for you. You are all co-creators of this drama through your feelings, beliefs and perceptions. Each of you also experiences the authentic reality, a reality of the “God Force” within yourselves. Each of you can see a “Bigger Picture” so to speak, or see your lessons as you pass back and forth through the veil. We have referred to the Veil before, but will recap its meaning. The Veil is what many refer to as what is real...where thought, feelings and form come together instantly. It is where emotions that are termed negative, e.g., jealousy, hate; hopelessness, despair, etc. do not exist. Emotions of higher vibrational levels do exist and live here, e.g., love, joy, peace, bliss, etc. These are the feelings/emotions and the quantum physics of the Masters and all the Collective Consciousnesses of Angels, Guides, Teachers. It is the consciousness of God...the “God Force” lives within all of us here, it is the true reality; it is the ONE.

You too live in this reality, but it is not in the outward drama of your world, it is within all of you. All of you have heard this mantra all through out the ages of your history – “Truth lies within,” perhaps so much so that it feels mundane, or merely a lofty philosophy that is never really attainable by “mere mortals.” All wisdom, compassion, peace and joy are found within you and are quite attainable within your lifetime, and yes, dear friends within this new year of 2007.

There are vast amounts of Light and loving helpful beings from other star systems, and realities that are here now on Earth helping to magnetize you to healing creative higher vibrations. We welcome you to join forces with the Light these entities bring you for change, healing and to end the dramas of pain that you see outwardly.

We can hear you saying, “OK, this sounds great Susan, but how do I do it on a very practical level.” After all, I do live in this world with all its challenges. The answer is to simply begin by shaking loose from some of your linear, three-dimensional beliefs each day and draw your feelings within.

Slow down; be alone with yourself and the “God Force” within. Do it playfully, not like some disciplined monastic exercise lasting for hours making you feel exhausted and resentful...

Begin to examine your feelings, observe perceptions or beliefs of the world around that no longer serve you, and no longer serve the Earth and others, such as war, poverty and fear. Close your eyes, feel your heart chakra igniting with the Light. Begin feeling gratitude by making a mental list of all the people, events and gifts that you are so thankful for. Ask, and sincerely believe that you can grow into higher vibrations. Ask, and sincerely believe that you can be part of healing the Earth with your unique talents. Draw upon your power, your authentic power born of the “God Force.” The Peace and compassion each of you brings to yourself, others and the Earth are part of the transcension into the 5th World, or parallel Universe – and it is happening now! Each day spend some time drawing in higher vibrations, and when you feel a shift state your gratitude for this loving gift while affirmatively your desire to join this collective for change.

Higher vibrational changes can happen on sustaining levels after an initial “jolt” to wake up sleepy minds. For example, think of the movie produced by your former Vice President of the United States, *An Inconvenient Truth*. The movie brought to light the message of global warming. Al Gore began receiving information about the environment and his particular talents for healing it in his dreams since childhood. Spurred by his loss of the presidential election, and a painful depression, he found his path and moved forward to bring the issue of global warming to the forefront to ignite healing. His movie is now creating a reality for change, and is eroding doubts about this “man-made” consequence. Many people now are beginning to measure their “ecological imprint” on the planet.

Many Hollywood stars have used their celebrity to focus on the human suffering in Africa, which has in turn raised vibrations and awareness through out the world. On a quantum, but equally powerful stage you can simply go within and give gratitude to those areas in Africa that are creating a reality of human equality and dignity. Next, join the collective consciousness of others doing similar work. Then send out your higher vibrations (you will feel your heart soar), and focus on areas, such as Darfur. Hold your Love and Light there until you feel a shift, then thank all the forces that have joined you in this collective consciousness. When you do this regularly you change that reality, despite what you may see on the news that may seem contradictory – trust that your vibrations have brought Light and change to the area.

If you watch your news broadcasts you may notice that not much of it resonates at a higher vibrational level, and as you watch it you too begin to lose your sense of well-being and become more fearful, and hopeless. Your fear, which is born of this illusion of the outer world can grow in strength from your fears...it is drawn to despair. Trust your feelings dear ones, *when you feel terribly sad and powerless you are only feeding into a space devoid of Light. When you feel joy, Love, playfulness and peace you are joining a true reality of change and creativity.* Your feelings are powerful tools of measurement of what is real, and what is Divine. A reality where miracles regularly occur, people grow spiritually and are faithful stewards of the Earth and its inhabitants is the reality of the Light...anything else dear friends creates an unbalanced drama that some would “insanity.”

Joining this Collective Consciousness of Light workers does not require enormous of change on your part. *Dear friends please know that our message is not that you have to rebuild yourself. Change within can occur naturally on deep spiritual levels...all you need do is Love yourself and trust the “God Force” within.*

We are all here, those of us in the Light, those beings from other systems and your Earth Masters and Avatars. We join you in bringing about a New Year, a New Earth and a New You. As always the choice is yours and we Love and honor whatever path you choose. **Susan and many other Teachers and Light beings**